



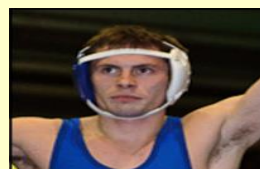
**Chris Owens**

-2x All American/NCAA Finalist  
-Big 8 Champion  
Coaching Accomplishments  
-6x Pac10 Team Champs as Assistant-Boise State  
26 D-1 All Americans



**Adam Hall**

-Head Assist. Coach at NC State  
-2x All-American (Boise State)  
-University and Junior National Freestyle Champion



**Andrew Hochstrasser**

-2x All-American (Boise State)  
-NCAA Finalist



**Tyrel Todd**

-Head Assistant Coach @ Purdue  
-2016 #6 Recruiting Class in nation  
-Big 10 Champ and 4<sup>th</sup> at NCAA's



**KC Rock**

-Current head coach at ERAU. 17 years of college coaching.  
-9 AA's & 1 National Champ.  
-Pac10 Champion and OW member of the first-ever Pac-10 Champ Team (BSU).

**ADDITIONAL WORLD CLASS COACHES:**

**1.Cliff Laughlin**

-Olympic Freestyle Team Coaching Staff 1996  
-National Wrestling Hall of Fame, Idaho chapter  
-Pan am and University Games Coach

**2.Dave "Doc" Bennett**

-National Wrestling Hall of Fame, Class of 2015  
-United States 2008 Olympic Committee Coach of the Year  
-Former National Developmental Freestyle Coach for US

Other headline Clinicians to be announced soon via Facebook at:[OW Wrestling Camps by Chris Owens](#) 'LIKE' our page for all OW Camps info



**CAMP ADMINISTRATORS**

**Pat Owens**

-2x Idaho 4A High School Wrestling Coach of the year  
-Idaho 5A High School Wrestling Coach of the year  
-State Champions 2012 and 2014 Kuna High School

**Clint Milliron**

-Burley High School Head Coach 1999-2010  
-USA Idaho National Team Coach 2000-2010  
-Former ID Wrestling Coaches Assoc Pres. 2010-2011

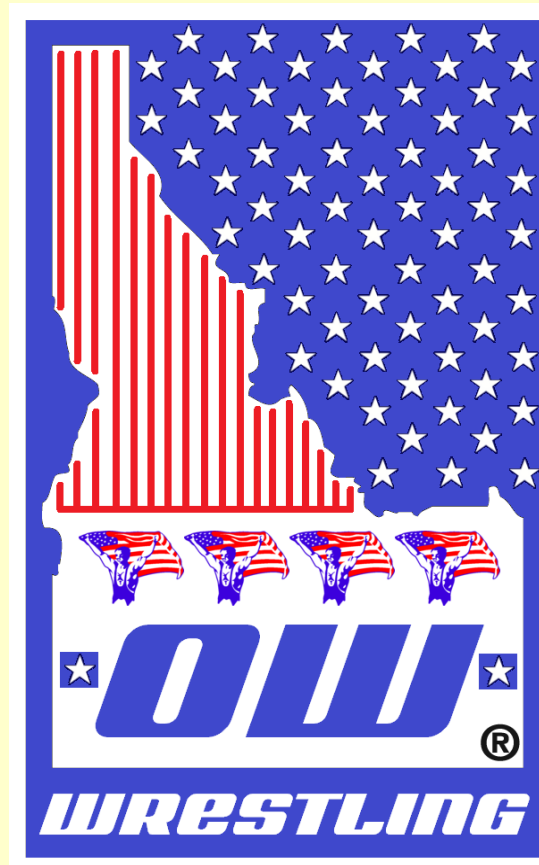
**Chris Caldwell**

-Former Division 1 Wrestler (Boise State)  
-Greco-Roman All-American (2x FILA Jr& 1x University)

**CAMP PHILOSOPHY:**

OW Wrestling Camp strives to utilize the team camp environment to develop each and every wrestler on an individual basis. Wrestlers on a daily basis will wrestle 4-6 live matches, learn world class technique, and will be coached in functional strength training.

A counselor (with college wrestling experience) will be appointed for every team. "Our counselors will make a very positive impact on your wrestlers- we choose our counselors for their goal and desire to give back to the sport and aspirations to be future coaches and leaders of our sport" -Chris Owens



**CAMP DATES:** June 28<sup>th</sup> -July 1<sup>st</sup>  
Wednesday through Saturday

**Email:** christopherowens85@gmail.com

**Phone:** (208)-514-5153

**Website:** [www.owwrestlingcamps.com](http://www.owwrestlingcamps.com)

**AGES:** Middle School and High School Wrestlers

**Address:** College of Idaho  
J.A. Albertson Activity Center- North  
2112 Cleveland Blvd, Caldwell, ID 83605

## **WHAT TO BRING:**

- Ample supply of workout gear (shirts, shorts, etc.)
- Headgear/ kneepads/ mouth guard if desired
- Wrestling shoes and Running shoes
- Some spending money (food / items for sale at camp)
- Dormitory needs
  - alarm clock, toiletries, bedding/pillow, towels, fan
  - coin operated laundry facilities available
- A GREAT ATTITUDE

## **COST OF CAMP:**

- Resident: \$300.00
- 15 or more from the same team=\$280
- Note: Teams of 15+ Wrestlers, will have Free room and board for 1 Coach
- Note: Does Not include housing on the 28<sup>th</sup>
  
- Commuter: \$200.00
- 15+ from the same team= \$180.
- Commuter Meal tickets:  
Commuters can add Meals for \$60 which includes Lunch and Dinner

## **AGES:**

Middle School and High School Wrestlers

## **AND NEW 2017:**

*OW Boys and Girls Camp:* Fifth grade and under. Cost: \$180. No housing available for the OW Little Kids.

## **DAILY SCHEDULE:**

### **June 27<sup>th</sup>:**

- Registration: 5:00pm-7:00pm (for commuters. Non-Over-nighters)

### **June 28<sup>th</sup>:**

- On-site Registration: 7:00-9:00am (for residents. Over-nighters)
- Session 1: 9:00-11:00am (Technique & Matches)
- Lunch: 11:30-1:00pm
- Session 2: 2:00-4:00pm (Technique & Matches)
- Dinner: 5:00-6:00pm
- Coaches Session: 6:00-6:30pm
- Session 3: 6:30-8:30pm (Technique & Matches)

### **June 29<sup>th</sup> and June 30<sup>th</sup>:**

- Breakfast: 7:00-8:30am
- Session 1: 9:00-11:00am (Technique & Matches)
- Lunch: 11:30-1:00pm
- Session 2: 2:00-4:00pm (Technique & Matches)
- Dinner: 5:00-6:00pm
- Coaches Session: 6:00-6:30pm
- Session 3: 6:30-8:30pm (Technique & Matches)

### **July 1<sup>st</sup>:**

- Breakfast: 7:00-8:30am
- Session 1: 9:00-11:00am
- Checkout at: 12—noon.

**Note:** If coaches or campers need housing on the 27<sup>th</sup>, please contact us and we can make arrangements.

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Name of School: \_\_\_\_\_

In case of Injury or Illness, necessary emergency treatment is authorized: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Emergency Phone Number: \_\_\_\_\_

I hereby waive and release OW Wrestling Camps from any and all liability and injuries or illness incurred while at camp. I authorize the said camp to act for me in any medical emergency, according to their best judgement.

Contact Phone #: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Note: Don't wait until it's too late camp may fill up fast! (Check or money order is accepted). Balance due upon arrival at camp. Make checks payable to OW Wrestling Camps. Please register online at:

<https://campsoui.active.com/orgs/OWWrestlingCamp#/selectSessions/1481002> or Send Application and

payment to: OW Wrestling Camps c/o Chris Owens

4129 E. Arborvitae

Boise, ID. 83716